



ACCADEMIA NAZIONALE VIRGILIANA
DI SCIENZE LETTERE E ARTI



ENDOCRINOLOGIA,
DIABETOLOGIA E METABOLISMO
UNIVERSITÀ DI VERONA

7th Mantua

WORKSHOP on DIABETES MELLITUS

and Related Disorders

FROM RESEARCH FINDINGS TO CLINICAL IMPLEMENTATIONS

Mantova (Italy)

October 16-19, 2019



Chairman

Enzo Bonora (Italy)

Honorary Chairman

Michele Muggeo (Italy)

Scientific Committee

Riccardo C. Bonadonna (Italy)

Ralph A. DeFronzo (USA)

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Simona Frontoni (Italy)

Andrea Giaccari (Italy)

James B. Meigs (USA)

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Organizing Secretariat & CME Provider



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COGEST M. & C. is responsible of the organization and of the scientific contents of the event and declares that education is scientifically updated, well-balanced, evidence-based and coherent with the health care professions it is addressed to.

Meeting Venue

Teatro Scientifico Accademico del Bibiena

Via dell'Accademia, 47 - Mantova, Italy



SCIENTIFIC PROGRAMME

Wednesday, October 16, 2019

- 14.00 Registration
- 15.00 Opening Remarks
Enzo Bonora (Italy)

SESSION I

Chairs: **E. Bonora (Italy) · G. Sesti (Italy)**

- 15.30 Metabolomic as a tool in the prediction of T2DM
J. Meigs (USA)
- 16.15 Circulating microRNAs and diabetes risk:
evidence from epidemiological studies
P. Willeit (Austria & UK)
- 17.00 *Coffee break*

SESSION II

Chairs: **E. Bosi (Italy) · P. Pozzilli (Italy)**

- 17.30 New insights into etiology and pathogenesis of T1DM
A. Pugliese (USA)
- 18.15 Immunotherapy in T1DM
E. Bonifacio (Germany)



SCIENTIFIC PROGRAMME

Thursday, October 17, 2019

SESSION III

Chairs: **R. Cordera (Italy) · P. Marchetti (Italy)**

- 9.00 A clinical journey into islet plasticity
A. Giaccari (Italy)
- 9.45 Insulin resistance and PCOS: egg or chicken?
P. Moghetti (Italy)
- 10.30 *Coffee break*

SESSION IV

Chairs: **G. Gruden (Italy) · G. Pugliese (Italy)**

- 11.00 Clinical relevance of biomarkers in the management of diabetic nephropathy
P-H. Groop (Finland)
- 11.45 The bone marrow in diabetes: from inflammation to stem cells and back
G. Fadini (Italy)
- 12.30 *Lunch*



SCIENTIFIC PROGRAMME

Thursday, October 17, 2019

SESSION V

Chairs: **F. Dotta (Italy) · R. Vettor (Italy)**

- 14.00 Lipotoxicity as a link between obesity and T2DM
F. Giorgino (Italy)
- 14.45 How microbial metabolites affect metabolic homeostasis
M. Federici (Italy)
- 15.30 Achieving weight loss: molecular targets and pharmacological tools
L. Van Gaal (Belgium)
- 16.15 *Coffee break*

SESSION VI

Chairs: **D. Lauro (Italy) · L. Luzi (Italy)**

- 16.45 Gut feeling about the brain
S. Del Prato (Italy)
- 17.30 Role of glucagon in T2DM
F.K. Knop (Denmark)



SCIENTIFIC PROGRAMME

Friday, October 18, 2019

SESSION VII

Chairs: **E. Mannucci (Italy) · V. Trischitta (Italy)**

- 9.00 Heterogeneity of diabetes
L. Groop (Sweden)
- 9.45 Pharmacogenetics for precision medicine
J. Florez (USA)
- 10.30 *Coffee break*

SESSION VIII

Chairs: **G.B. Bolli (Italy) · G. Riccardi (Italy)**

- 11.00 A look at nerves in diabetes
S. Frontoni (Italy)
- 11.45 Cognitive dysfunction in diabetes
G.J. Biessels (The Netherlands)
- 12.30 *Lunch*



SCIENTIFIC PROGRAMME

Friday, October 18, 2019

SESSION IX

Chairs: **P. Di Bartolo (Italy) · G. Perseghin (Italy)**

- 14.00 The failing heart in diabetes
N. Marx (Germany)
- 14.45 CVOT in type 2 diabetes: bouncing between efficacy and effectiveness
R.C. Bonadonna (Italy)
- 15.30 Superb control of lipid profile in diabetes: does it convey a true benefit?
A. Zambon (Italy)
- 16.15 *Coffee break*

SESSION X

Chairs: **R. Buzzetti (Italy) · C. Giordano (Italy)**

- 16.45 Replacement or regeneration of beta-cell?
L. Piemonti (Italy)
- 17.30 High technology for monitoring and treating
D. Bruttomesso (Italy)



SCIENTIFIC PROGRAMME

Saturday, October 19, 2019

SESSION XI

Chairs: **A. Consoli (Italy) · G. Marchesini (Italy)**

- 9.00 How to protect the kidney in diabetes
A. Solini (Italy)
- 9.45 Coronary artery protection with anti-hyperglycemic drugs
A. Avogaro (Italy)
- 10.30 *Coffee break*

SESSION XII

Chairs: **E. Bonora (Italy) · F. Purrello (Italy)**

- 11.00 Remission of T2DM: is it real and feasible?
R. Taylor (UK)
- 11.45 Durability in glucose control in T2DM: from science to clinical practice
R.A. DeFronzo (USA)
- 12.30 Out-of-the box reflections on diabetes
E. Ferrannini (Italy)
- 13.15 Closing remarks
E. Bonora (Italy)
- 13.30 *Farewell Lunch*



GENERAL INFORMATION

PARTICIPATION

Only **200 attendees** will be admitted to participate in the Workshop on a “*first come, first served*” basis.

REGISTRATION FEE

Senior (age ≥ 35 years) € 500,00

Junior (age < 35 years) € 250,00

The registration fee (VAT 22% included) covers:

admission to scientific sessions, Workshop kit, certificate of attendance, lunches and coffee breaks (as indicated in the programme), social events (to be defined).

HOW TO REGISTER AT THE WORKSHOP

In order to register at the Workshop, participants are kindly requested to fill in the attached Registration Form. After filling in it, the form should be sent by fax to the Organizing Secretariat COGEST M. & C. (fax 0039 045 597265) or by e-mail (cogest@cogest.info) together with the payment of the fee, according to the instructions indicated below. The Organizing Secretariat will send an official receipt of the payment and further information about the Workshop.

ONLY FOR ITALIAN PARTICIPANTS

Reserved to Health Personnel working in Italian Public Administrations (Hospitals, Universities, Municipalities etc...)

*To receive an electronic invoice issued by a Public Administration with the **SPLIT PAYMENT method (charging VAT to the public administration) or with VAT EXEMPTION (see art. 10 DPR 633/72 as modified by the art. 14 Law 24/12/1993 n. 537)** you are kindly requested to provide compulsory the following information:*

- *Specific request with the fiscal data of the Public Administration and Administration office contact person (phone and e-mail)*
- *Declaration in writing with all fiscal data of the Public institution where specified that the employee (name and surname to be indicated) is authorized to attend the event for professional education purpose*
- *PA code (identifying the Public Administration) - it is a code composed by 6 alphanumeric characters*
- *Any other information that could facilitate the identification of the payment according to the e-invoicing rules*

Once the invoice is issued any change involving a credit note or a new invoice with different heading will be charged € 30,00 + 22% VAT. If the organization does not pay by the beginning of the Workshop, payment has to be made by the participant, who will receive an invoice addressed to the institution.

Registration fee can be paid by:

- **bank transfer** in favour of COGEST M&C (a/c n. 000005233961, CIN H, ABI 02008, CAB 11705, IBAN IT49H0200811705000005233961, BIC SWIFT UNCRITM1M03; UNICREDIT BANCA agency Piazza Bra 26/a, Verona, Italy), specifying the title of the event and the surname of the person for whom the payment is made; copy of the bank receipt must be mailed with the form;
- **online payment** <https://www.cogest.info/congressi/pagamento.php> (only for UNICREDIT Account holders and for payments with VISA or MASTERCARD credit cards);
- **credit card**, filling in the appropriate box in the form (AMERICAN EXPRESS, DINERS).

Other forms of payment will not be accepted (postal order, cash, etc.).



GENERAL INFORMATION

HOTEL ACCOMMODATION

Attendees can be accommodated in hotels located in Mantua at the following special rates (breakfast and VAT included; city tax not included to be paid at check-out from the hotel, if requested), which are valid until August 20th 2019 (maximum rate):

Hotel	Double Room	Double as Single
4 stars	€ 190,00	€ 140,00
3 stars	€ 120,00	€ 98,00

HOW TO MAKE HOTEL RESERVATION

In order to make hotel reservation, participants are kindly requested to fill in the attached Reservation form. The form should be sent by fax to the Organizing Secretariat COGEST M. & C. (fax 0039 045 597265) or by e-mail (cogest@cogest.info). Attendees are kindly requested to send the Reservation Form prior to August 20th 2019; reservation received after this date might not be accepted. Participants will receive a booking confirmation including name and address of the assigned hotel.

In order to secure the reservation, the hotel requires a credit card number as guarantee. The card will be charged by the hotel at the time of check-out. The hotel accommodation charge will be invoiced directly by the hotel.

CANCELLATION POLICY

Registration

In case of cancellation by September 21st 2019, 50% of the amount paid will be refunded.

In case of cancellation after September 21st 2019, there will be no refund.

Hotel

In case of cancellation by August 20th 2019, only booking fee will be held.

In case of cancellation from August 21st 2019 to August 31st 2019, booking fee and the charge for one night stay will be held.

In case of cancellation from September 1st 2019 and in case of no show, the hotel will charge all nights stay on the credit card.

OFFICIAL LANGUAGE

The Workshop will be run in English.

ECM - CME (CONTINUING MEDICAL EDUCATION) - ONLY FOR ITALIAN PARTICIPANTS

PROVIDER: COGEST M. & C. - COD. 979

CME accreditation will be requested to AGENAS for a maximum of 200 medical doctors (*specialties*: Metabolic Diseases and Diabetology, Endocrinology, Internal Medicine, Geriatrics).

WEATHER

The weather in Mantua in October has an average temperature of 10°/ 20°C.

HOW TO REACH MANTUA (MANTOVA)

By air: Verona “Valerio Catullo” Airport, 25 km from Mantua.

The airport is well connected by daily flights with Rome, Paris, London, Frankfurt, Munich, Amsterdam. A public shuttle service is provided by A.P.T. buses (AEROBUS leaving the Airport to the Railway Station “Verona Porta Nuova”). The service runs every 20 minutes and the trip is about 25 minutes long. Verona is connected with Mantua by regional trains (about 45 minutes trip).

By car: Highway A22 (Brennero-Modena), exit Mantua Nord (5 km from the city centre), two hours driving from Milan or Venice (A4 and then A22).

By train: Mantua Railway Station (1 km from the Workshop venue), two-hour trip from Milan.



REQUESTED ENDORSEMENTS

Regione Lombardia

Provincia di Mantova

Comune di Mantova

Università degli Studi di Verona

Azienda Ospedaliera Universitaria Integrata - Verona

Associazione Medici Diabetologi

Società Italiana di Diabetologia

Società Italiana di Endocrinologia

